$CHIRO FIRST @ \ CLINICS \ | \ 2-4 \ ABBEYDALE \ ROAD \ SOUTH \ | \ SHEFFIELD \ | \ 0114 \ 262 \ 1999 \ | \ WWW.CHIROFIRST.CO.UK$ 

DATE
DR
EMAIL
GP LETTER
X-RAY

## YOUR DETAILS

Full Name (Mr/ Mrs/ Ms/ Miss/ Dr)	· • • • • • • • • • • • • • • • • • • •	
Full Address		
Date of Birth		. Occupation.
Mobile		. Other
Email		
It is our policy to write to your GP regar	rding yo	our health; do you give consent? o yes o no
GP's Surgery Address		
REFERRAL DETAILS		
How did you hear about our practice?		
• Recommendation (please specify name	ıe)	
• Passing by • Internet (please speci	ify)	
• Advert (please specify)		
YOUR HEALTH HISTORY		
Do you or have you ever smoked?	o no	o yes, how longHow many per day
Do you take regular exercise?	o no	o yes, please detail
Do you have a particular diet?	o no	o yes, please detail
Please name any medications you are ta	ıking:	
Are you taking any steroids (or have in	the past	for more than 8weeks)? ono yes (specify)
Please mention any illnesses, diseases of	r condit	ions you have
	, <b></b> .	
Have you had any surgery? o no o yo	es; pleas	se detail
Please describe any previous physical tr	rauma (e	e.g. falls, car accidents, fights etc)
Please detail any major illnesses in your	r family	

## HISTORY OF CURRENT CONDITION

List your main complai	nt and o	ther complaints/	sympto	ms in or	der of severity:			
1			Started?		Cause			
2				Started?		Cause		
3				Started?		Cause		
Regarding your chief co	omplain	t						
Is it (please tick)		o getting worse	e o imp	roving	o constant	o intermittent	o can't say	
Is your pain		o sharp	o stab	bing	<ul><li>throbbing</li></ul>	<ul><li>shooting</li></ul>	o dull	
		o toothache	o othe	er (descri	ibe)			
Do you feel		o cramps	o buri	ning	<ul><li>swelling</li></ul>	<ul><li>stiffness</li></ul>	o tingling	
		o numbness	o othe	er (descri	ibe)			
What makes it worse?	1		2.			3		
What eases it?	1			.2		3		
Have you had previous	episode	s similar to this?	•	o no	o yes; when?			
Please tick if you had X	C-rays/sc	cans (last 5yrs)?		o no	o yes; why?			
Have you consulted you	ur GP, o	r received treatn	nent reg	arding th	nis complaint?	o no oyes;	(describe)	
FOR WOMEN ONLY Are you pregnant?	o no	o yes; how ma	ny moi	nths?	Previous (det	ail)		
Had your menopause?	o no	o yes; at what age? Had a hysterectomy? o no o y						
Have you taken HRT	o no	o yes; for how long?						
EXAMINATIONCON	ISENT							
I				confir	m that I agree to	any examination	ns including	
X-rays that are deemed	necess	ary to my case.	I under	stand tha	at X-rays or othe	r diagnostic test	s undertaken	
by this clinic remain th	e proper	rty of Chiro Firs	t Clinic	s®, and	will only be relea	ased to other par	ties with my	
prior agreement. I und	erstand	that the clinic v	will sto	re my pe	ersonal informati	on on its databa	ase and may	
contact me from time to	time. T	This does not affor	ect my i	rights un	der the Data Prot	ections Act.		
(In the case of examina	tion of a	a minor, or a pa	tient re	cognised	to have diminish	ned intellectual o	capacity, this	
consent is to be signed	by eithe	r parent or legal	guardi	an, this f	act being approp	riately noted be	low)	
Signed					Date			